

**INDIBA®**  
revitalizing lives

INTIMATE HEALTH

REHABILITATION & SPORTS



# COMPACT LITE

—  
Plug and Play

[www.indiba.com](http://www.indiba.com)

# COMPACT Lite: Plug and Play

A lightweight, stylish radiofrequency device designed for clinics and mobile healthcare professionals. Ideal for physiotherapists, pelvic floor specialists and podiatrists. Fits easily into a backpack for on-the-go treatments.



## Ultra-Light & Portable

Ideal for freelance therapists, and sports teams.



## Precision Power Control

A capacitive multitouch screen combined with a manual encoder for fine-tuned power adjustments.



# COMPACT

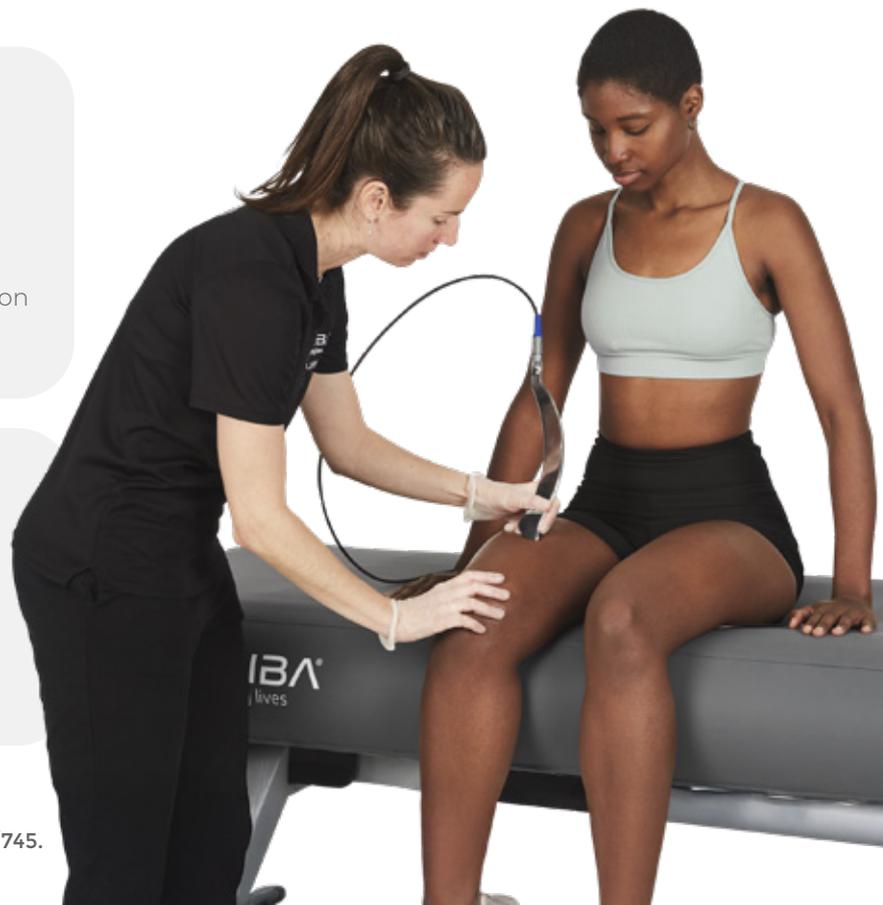
## Applications

### Rehabilitation & Sports

- Chronic pain management (arthritis, joint pain)
- Acute injuries (ankle sprains, muscle strains)
- Common musculoskeletal conditions (cervical pain, lower back pain)
- Post-surgical pain relief & inflammation reduction
- Tendinopathy rehabilitation

### Intimate Health

- Pelvic pain & sexual dysfunction management
- Vaginal atrophy & rejuvenation\*
- Postpartum recovery support
- Post-surgical pain & edema reduction
- Enhanced quality of life for pelvic floor patients



\*Not under Notified Body certification. These indications are not in the scope of medical device regulation (EU) 2017/745.



### 3-Click Treatment Start

Designed for speed and ease of use, COMPACT Lite ensures quick setup and seamless operation.



### Ergonomic Handles

Designed for better grip and maneuverability, reducing therapist fatigue and enhancing treatment precision.

## Why Choose INDIBA?

INDIBA's original 448 kHz Technology is the gold standard in radiofrequency therapy, trusted by clinics, elite athletes, and rehab professionals for 40+ years.

- Clinically proven: > 80 medical indications backed by > 150 studies.
- Expert-trusted: Used worldwide for superior patient outcomes.
- Continuous learning: >15 specialized courses & online academy.
- Exclusive support: Technical assistance, expert webinars, and marketing materials via myINDIBA App.

448 kHz RF technology has proven both thermal & subthermal effects:

### Thermal Effects

- Increases metabolism
- Improves circulation and drainage
- Stimulates collagen & elastin synthesis
- Relieves muscle tension and pain

### Subthermal Effects

- Promotes stem cell proliferation & differentiation
- Enhances tissue repair
- Reduces inflammation and fibrosis
- Increases metabolism
- Regulates cell migration

# Accessories for Personalized Treatments



## New Fascia Pack (Max & Flex) with Magnetic Cable

Durable stainless steel electrodes for precise myofascial treatment with secure magnetic connectivity.



## Hands-Free Electrodes

Enables contact-free radiofrequency therapy for the user, while allowing active treatment and exercise for the patient.



## Essence Kit for Intimate Health

Three reusable intracavitary CAP electrodes with an anti-rotation handle for precise pelvic floor treatments.



## Precision Electrode Pack

Designed for targeted therapy in small, contoured, or bony areas for optimal musculoskeletal treatment.



## CAP & RES Additional Electrodes

Customizable sizes and shapes for external and intracavitary applications, ensuring precise and effective treatments.

## Technical Specifications

Average Power: 65 W (220 VA)

Peak Power: 130 W RES

Weight: 2.9 Kg

Size: 240 × 240 × 120 mm

Screen: Capacitive with encoder

SW: Basic, 3-click setup

Backpack: Included

### Included Accessories

2 Small Handles (RES & CAP) with cables

2 Return plates (1 normal, 1 Cylinder)

2 CAP electrodes (Ø 40 & 60 mm)

2 RES electrodes (Ø 35 & 50 mm)

## Bibliography

For information on the bibliographic references, please visit the page:

<https://indiba.com/scientific-literature>

If you have any questions, you can contact our medical department at [medical@indiba.com](mailto:medical@indiba.com)

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\*Applies to: COMPACT devices,  
Smart Handles, Essence Kit, Pluma  
Smart and Longitudinal electrodes.

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